



Ledyard Wrestling

Coed Kids Folkstyle Wrestling Tournament & Girls Folkstyle Wrestling Tournament

Ledyard High School

(24 Gallup Hill Road, Ledyard, CT)

Sunday, January 31, 2010

LIMIT 375 Wrestlers

Wrestlers will be grouped by both age category and weight into **4-man** or **5-man** brackets.

In a 5 man bracket, each wrestler will wrestle one-another giving each wrestler a total of **4 matches (round-robin format)**. There are many advantages to doing this.

Trophies will be awarded for 1st
Medals will be awarded for 2nd and 3rd place wrestlers.

Pre-registration Information

Contact person- Colleen Lauer

Email letsgoledyard@comcast.net

Home Phone 860-464-8966

**ALL WRESTLERS WITH BRACES ON THEIR TEETH MUST HAVE
PROTECTIVE MOUTH GUARDS**

Age Groups-

Age Categories, Start Times & Period Length: **A minimum of 20 minutes must be allowed between wrestlers matches, unless agreed upon by the coaches for a shorter time.**

Category	Year of Birth	SKIN Check-in Time	Start Time	Period Length	Paperwork Color
Mighty Mites	2004-2005	7:45 – 8:30	9 AM	1-1-1	Pink
Bantam	2002-2003	7:45 – 8:30	9 AM	1-1-1	Yellow
Midgets	2000-2001	7:45 – 8:30	9 AM	1-1-1	Blue
Novice	1998-1999	11:15 – 12:00	12:15	1.5-1-1	Green

			<i>PM</i>		
Middle School	1995-1997 & in the 7th or 8th grade	<i>11:15 – 12:00</i>	<i>12:15 PM</i>	<i>1.5-1-1</i>	White

TECH FALLS will occur when a 12 point margin is achieved; this rule applies to all age groups

NEW:

- Each Club’s director or designated person for that club will check in with the Tournament Director, inform the Director of any known NO SHOW wrestlers and pay for their team’s entry. Note: There are no refunds for no-shows – each club is responsible for full payment.
- All wrestlers must check in by the end of the Skin check-in time period to verify they do not have any contagious skin conditions. Wrestlers will not be admitted into the tournament if they are not checked in on time.
- It is the responsibility of the Club Directors, or the designated person for that club, to check with the head person running the Skin check in area to see if any of their wrestlers have not checked in by 8:15am for the morning session and 11:45am for the afternoon session.

Notice:

Head gear Will be required For all age groups this is a USA Wrestling Rule

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Only coaches with USAW coaching cards will be allowed on the mats all wrestlers (not scheduled to wrestle on that mat) and parents must stay in the stands.

Notice:

Registration-

- **Pre-registration-**
 - Only Sanctioned USA Clubs may submit tournament registrations
 - Wrestlers who are not attached to a sanctioned club are requested to contact the nearest sanctioned club to register with or the Tournament Director.

□ *Out-of-state wrestlers may pre-register with the condition that they follow the same rules that USAWCT Clubs follow.*

□ *Out-of-state wrestlers must be part of a club that has signed an agreement to follow our tournament rules and the club has provided the State Membership Director a copy of their wrestlers USA cards.* USAWCT and out of state clubs must register on line by clicking on the following link <http://www.usawct.org/tourny/clubmanagement.php> and completing the necessary information and submitting that information to Colleen no later than **10 PM Friday January 29, 2010**. There is no guideline on how early they may be sent.

- The Tournament Director will reply to your email confirming receipt of your registration.
- All registrations must be accompanied with a valid USA Wrestling card number for each listed wrestler.
- Last-minute USA Wrestling cards &/or numbers may be acquired by contacting their Club Director, whom must make arrangements with the Membership Director PRIOR to January 27th for this tournament.
- Pre-registered wrestlers who do not show up for the tournament will be charged the full registration fee. The submitting club is responsible for this fee to be paid the morning of the tournament along with all the other registered wrestlers on the registration form.

□ **Walk-ins**

○ **Absolutely NO Walk-ins permitted.**

□ **Registration Fee's**

○ \$16/wrestler with a \$27 family cap.

□ 1st wrestler = \$16

□ 2nd wrestler = \$11

□ 3rd & 4th and more do not get charged

Girls that wish to participate in both the coed and girls tournament will be charged \$16 for the 1st tournament and \$9 for the 2nd tournament. There will be 2 links to register, 1 for the coed tournament, and 1 for the girls tournament.

□ **Spectator admission**

○ **\$3.00 admission fee / Free age 12 and under, or if you hold a current USA Coaches card.**

Weigh-ins-

Wrestlers are permitted to only register and wrestle in one (1) bracket regardless of staying within their own age group or not.

Any wrestler that violates the three (3)pound allowance will be disqualified and removed from that tournament, if the tournament director believes that this was a typo error, the wrestler can be re-bracketed. In addition, any

wrestler disqualified as a result of violating the three (3) pound allowance will be reported to the State Chairman and that wrestler is to be identified (Flagged) on the web site and must be weighed in at every subsequent tournament to verify their weight.

□ Weight challenges during a tournament are performed at the tournament director's discretion. When a wrestler's weight is challenged by another wrestler (Coach or Parent), then the challenging wrestler will also be weighed in.

Weight Classes

- Weight challenges during a tournament are performed at the tournament director's discretion.
- The tournament director must notify Dave Kanute d.kanute@cox.net within 2 days of any weight issues or challenges.
- When weighing-in each wrestler must weigh-in wearing a competition singlet or shorts.

Directions-

Taken from mapquest www.mapquest.com

Ledyard High School
24 Gallup Hill Rd
Ledyard, CT 06339

From Hartford-

1. Take route 84E toward BOSTON
2. Merge onto CT-2E via EXIT 55 toward NORWICH/NEW LONDON
3. Merge onto I-395S via EXIT 28S toward CT-2A/NEW HAVEN
4. Merge onto CT-2A E via EXIT 79A toward PRESTON/LEDYARD
5. Turn SLIGHT RIGHT onto POQUETANUCK RD/CT-2A. Continue to follow POQUETANUCK RD.
6. POQUETANUCK RD becomes COLONEL LEDYARD HWY/CT-117
7. Turn slight LEFT onto SPICER HILL ROAD
8. Turn left onto IRON ST/ CT-214
9. Turn RIGHT onto SPICER HILL RD
10. SPICER HILL RD becomes GALLUP HILL RD.
11. End at 24 GALLUP HILL RD

From Waterbury-

1. Take route 84E
2. Merge onto I-691 E via EXIT 27 toward MERIDEN/MIDLETOWN
3. Merge onto I-91 N via EXIT 11 on the LEFT toward HARTFORD/SPRINGFIELD
4. Merge onto CT-3 N via EXIT 25 toward GLASTONBURY
5. Merge onto CT-2 E
6. Merge onto I-395S via EXIT 28S toward CT-2A/NEW HAVEN
7. Merge onto CT-2A E via EXIT 79A toward PRESTON/LEDYARD

8. Turn SLIGHT RIGHT onto POQUETANUCK RD/CT-2A. Continue to follow POUQUETANUCK RD.
9. POQUETANUCK RD becomes COLONEL LEDYARD HWY/CT-117
10. Turn slight LEFT onto SPICER HILL RD
11. Turn left onto IRON ST/ CT-214
12. Turn RIGHT onto SPICER HILL RD
13. SPICER HILL RD becomes GALLUP HILL RD.
14. End at 24 GALLUP HILL RD

From New Haven –

1. Take I-95 N
2. Take the ALLYN STREET exit, EXIT 89
3. Turn LEFT onto MYSTIC ST
4. MYSTIC ST becomes COW HILL RD
5. COW HILL RD becomes PUMPKIN HILL RD
6. Turn LEFT onto GALLUP HILL RD
7. End at 24 GALLUP HILL RD