

# KING OF THE MAT

## Kids Folkstyle Wrestling Tournament

Windham High School  
355 High Street, Willimantic CT 06226  
**January 8, 2012**



### Pre-registration Information:

Contact: John Ware  
E-mail: jlw@r@gmail.com  
Phone: 860-857-3177

**\*\*\* This year we will also be including a GIRLS DIVISION \*\*\***  
Girls will also have the option of wrestling in the COED DIVISION.

**\*\*\* This year we will also be including a BEGINNERS \*\*\***

Qualifications for wrestlers to participate in the **BEGINNER'S** tournament are:

Must be first year wrestler or have two or more years of experience in which the wrestler has not won a medal in a regular USA tournament, in which brackets were greater than three wrestlers, in the current or prior year(s). A wrestler that has two or more years of tournament experience and has also won two Beginners tournaments in the same year or a prior year, then that wrestler is not eligible to wrestle in subsequent beginners tournaments.

In the event that these rules are violated, the coach and club director must participate on a conference call with the State Chairman, Kids Director and one other Board member, to present their rationale for violating these rules of participation. This committee will review the facts and recommend a punishment for the club, coach and possibly the athlete to the full Board of Directors to accept or implement their own punishment.

All wrestlers will be grouped by both age category and weight into **4-man brackets**. Each wrestler will wrestle one-another giving each wrestler a total of **3 matches (round-robin format)**. A **minimum of 20 minutes must be allowed between wrestlers matches, unless agreed upon by the coaches for a shorter time.**

### Age Groups:

Age Categories, Start Times & Period Length:

### COED and **BEGINNER DIVISIONS**

Category	Year of Birth	Skin Check-in Time	Start Time	Period Length	Paperwork Color
Mighty Mites	2006-2007	7:45AM – 8:30AM	9:00AM	1-1-1	Pink
Bantam	2004-2005	7:45AM – 8:30AM	9:00AM	1-1-1	Yellow
Intermediate	2002-2003	7:45AM – 8:30AM	9:00AM	1-1-1	Blue
Novice	2000-2001	11:15AM – 12:00PM	12:30PM	1.5-1-1	Green
Middle School	1997-1999 & in the 7 <sup>th</sup> /8 <sup>th</sup> grade	11:15AM – 12:00PM	12:30PM	1.5-1-1	White

## GIRLS DIVISION “Queen of the Mat”

Category	Year of Birth	Skin Check-in Time	Start Time	Period Length	Paperwork Color
Novice	2000-2001	7:45AM – 8:30AM	9:00AM	1.5-1-1	Green
Middle School	1997-1999 & in the 7 <sup>th</sup> /8 <sup>th</sup> grade	7:45AM – 8:30AM	9:00AM	1.5-1-1	White
Mighty Mites	2006-2007	11:15AM – 12:00PM	12:30PM	1-1-1	Pink
Bantam	2004-2005	11:15AM – 12:00PM	12:30PM	1-1-1	Yellow
Intermediate	2002-2003	11:15AM – 12:00PM	12:30PM	1-1-1	Blue

\*\*\* SEE REGISTRATION GUIDELINES FOR FEMALE WRESTLER OPTIONS \*\*\*

### Notice:

**Head Gear:** Will be required for all age groups, this is a USA Wrestling rule.

**Mouth Guards:** All wrestlers with braces on their teeth must have protective mouth guards.

**Tech Falls:** Will occur when a 12 point margin is achieved, this rule applies to all age groups.

- Each Club’s director or designated person for that club will check in with the Tournament Director, inform the Director of any known NO SHOW wrestlers and pay for their team’s entry. Note: There are no refunds for no-shows – each club is responsible for full payment.
- All wrestlers must check in by the end of the Skin check-in time period to verify they do not have any contagious skin conditions. Wrestlers will not be admitted into the tournament if they are not checked in on time.
- It is the responsibility of the Club Directors, or the designated person for that club, to check with the head person running the Skin check in area to see if any of their wrestlers have not checked in by 8:15am for the morning session and 11:45am for the afternoon session.

### Registration Guidelines:

- Pre-registration**
  - Only Sanctioned USA Clubs may submit tournament registrations
  - Wrestlers who are not attached to a sanctioned club are requested to contact the nearest sanctioned club to register with or the Tournament Director.
  - **Out-of-state wrestlers may pre-register with the condition that they follow the same rules that USAWCT Clubs follow.**
  - **Out-of-state wrestlers must be part of a club that has signed an agreement to follow our tournament rules and the club has provided the State Membership Director a copy of their wrestlers USA cards.** USAWCT and out of state clubs must register on line by clicking on the following link: <http://www.usawct.org/tourny/clubmanagement.php> and completing the necessary information and submitting that information to the Tournament Director **no later than 10 PM the Friday prior to the tournament.** The Tournament Director will reply to your email confirming receipt of your registration.
  - Pre-registered wrestlers who do not show up for the tournament will be charged the full registration fee. The submitting club is responsible for this fee to be paid the morning of the tournament along with all the other registered wrestlers on the registration form.

- **IMPORTANT:** When registering for the **GIRLS** or **BEGINNERS** DIVISIONS, please put one of the following in the Notes section of the Registration Form:
  - **GIRLS** – Put this for any Female wrestler who would like to be in the **Girls ONLY Division**
  - **GIRLS/COED** – Put this for any Female wrestler who would like to wrestle in **BOTH** the **Girls and Coed Division** tournaments. It will be an extra \$5 for registering in both divisions.
  - **COED** – If the Female wrestler **ONLY** wants to wrestle in the **COED Division**, please leave the Notes section blank for that wrestler.
  - **BEGGINER** – Put this for any wrestler who would like to wrestle in the **BEGINNER** tournament.
- Walk-ins**
  - Absolutely NO walk-ins will be permitted.
- Registration Fees**
  - \$16/ wrestler with a \$27 family cap.
    - 1st wrestler = \$16
    - 2nd wrestler = \$11
    - 3rd and more will not be charged
- Spectator Admission Fees**
  - \$3.00 admission fee / Free age 12 and under, or if you hold a current USA Coaches card.

### Weigh-ins:

Wrestlers are permitted to only register and wrestle in one (1) bracket regardless of staying within their own age group or not (excluding Girls Division/ Coed wrestlers).

#### **Allowance & Challenge**

- Any wrestler that violates the three (3) pound allowance will be disqualified and removed from that tournament, if the tournament director believes that this was a typo error, the wrestler can be re-bracketed. In addition, any wrestler disqualified as a result of violating the three (3) pound allowance will be reported to the State Chairman and that wrestler is to be identified (flagged) on the web site and must be weighed in at every subsequent tournament to verify their weight.
- Weight challenges during a tournament are performed at the tournament director's discretion. When a wrestler's weight is challenged by another wrestler (Coach or Parent), then the challenging wrestler will also be weighed in.

#### **Weight Classes**

- Weight challenges during a tournament are performed at the tournament director's discretion.
- The tournament director must notify Dave Kanute at [d.kanute@cox.net](mailto:d.kanute@cox.net) within 2 days of any weight issues or challenges.
- When weighing-in, each wrestler must weigh-in wearing a competition singlet or shorts.

### Medals and Trophies:

- Medals** will be awarded for 1st, 2nd and 3rd place wrestlers.
- Trophies** will be awarded to the top three (3) teams for the morning and afternoon King of the Mat sessions.

### The USAWCT Code of Conduct Rules will be strictly enforced

**Coaches, Wrestlers and Spectators Conduct---** This code of conduct has been established to ensure that there is a defined method for the handling of unacceptable conduct by coaches at USAWCT sanctioned wrestling events. The responsibility of the assigned officials and the USAWCT Board of Directors is described in the document posted on the USAWCT website, [www.usawct.org](http://www.usawct.org).

**DIRECTIONS:**  
**Windham High School**  
**355 High Street, Willimantic, CT 06226**

**From Waterbury, Danbury, and Central New York State:**

Take I-84 East through Hartford to Route 384 (Exit 59). Pick up Route 6 in Bolton. At intersection of Route 6 and 66 in Columbia, continue (LEFT) on Route 6 toward Willimantic. Take second exit marked for Eastern CT State University/ Route 195. At light, turn right onto High Street. Windham High School will be on your left.

**From New York City, Fairfield County, New Haven and Bridgeport:**

Take I-95 to New Haven. Take I-91 North to Hartford. Take Exit 29 (to Route 84 east - over Connecticut River) and continue until you merge with I-84 east. Take I-84 East through Hartford to Route 384 (Exit 59). Pick up route 6 in Bolton. At intersection of Route 6 and 66 in Columbia, continue (left) on Route 6 toward Willimantic. Take second exit marked for Eastern CT State University/Route 195. At light, turn right onto High Street. Windham High School will be on your left.

**From Norwich, New London Area:**

Follow Route 32 to Willimantic (Frog Bridge). At the Frog Bridge stop light, take a right across the bridge. Continue straight until next light. Take a left onto Valley Street. Stay on Valley Street until you come to High Street. Take right onto High Street. Continue straight at stop sign. Windham High School will be on your right.

**From Springfield, Massachusetts and Points North:**

Take Route 91 South to Enfield/ Route 190 exit. Follow Route 90 East to Stafford Springs and junction with Route 32 South. Follow Route 32 South to Willimantic. At stop light, take a left onto Route 6 East. Go to next exit which is marked for Eastern CT State University/Route 195. At light, turn right onto High Street. Windham High School will be on your left.